

## **TimoFerol, capsule**

### **COMPOSITION**

DESICCATED FERROUS SULPHATE 172.73 mg

Quantity equivalent to iron .....50.00 mg

ASCORBIC ACID .....30.00 mg

Excipients: light magnesium carbonate, talc, colloidal anhydrous silica, and maize starch.

One capsule contains 50 mg of iron.

### **PHARMACEUTICAL FORM**

Capsule, box of 30.

### **PHARMACOTHERAPEUTIC CLASSIFICATION**

ANTI-ANAEMIC PREPARATION

ORAL FERROUS SULPHATE

(B: blood and blood forming organs)

### **WHAT IS TIMOFEROL USED FOR?**

This medicine contains iron. It is recommended for the treatment of iron deficiency anaemia in adults and children over the age of 12 years, and for preventive treatment of iron deficiency in pregnant women.

### **CAUTION! WHEN SHOULD TIMOFEROL NOT BE USED?**

This medicine **MUST NOT BE USED** in the following cases:

Iron overload, particularly in some forms of anaemia (thalassaemia, refractory anaemia, anaemia due to bone marrow insufficiency).

**WHEN IN DOUBT, IT IS ESSENTIAL TO ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.**

### **SPECIAL WARNINGS**

This medicine is not adapted to the treatment of anaemia related to inflammatory diseases. A medical consultation is necessary before starting this treatment in order to investigate the cause of anaemia.

### **PRECAUTIONS FOR USE**

The important consumption of tea inhibits absorption of iron.

It is useful to assess the efficacy after 3 months of treatment; consult your doctor.

**WHEN IN DOUBT, DO NOT HESITATE TO ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.**

### **INTERACTIONS WITH OTHER MEDICINAL PRODUCTS AND OTHER FORMS OF INTERACTION**

**IN ORDER TO AVOID POSSIBLE INTERACTIONS BETWEEN SEVERAL MEDICINAL PRODUCTS, YOU MUST SYSTEMATICALLY REPORT ANY OTHER CURRENT TREATMENT TO YOUR DOCTOR OR PHARMACIST, especially parenteral medicines containing iron.**

### **USE DURING PREGNANCY AND LACTATION**

Under normal conditions of use, this medicine can be taken during pregnancy.

This medicine can also be used by nursing mothers.

### **HOW TO USE TIMOFEROL - DOSAGE**

#### **Curative treatment**

**IN ADULTS AND CHILDREN OVER THE AGE OF 12 YEARS**

An average of 2 to 4 capsules per day.

#### **Preventive treatment:**

**IN PREGNANT WOMEN:** 1 capsule per day during the last two trimesters of pregnancy (or from the 4th month).

Take strictly as directed by your doctor.

**THIS MEDICINAL PRODUCT HAS BEEN PRESCRIBED TO YOU PERSONALLY FOR A SPECIFIC SITUATION:**

- IT CANNOT BE ADAPTED TO ANOTHER CASE.
- DO NOT GIVE IT TO ANOTHER PERSON.

**METHOD AND ROUTE OF ADMINISTRATION**

Oral use.

**FREQUENCY AND TIME OF ADMINISTRATION**

In order to limit adverse effects and because of a stimulant effect of vitamin C, it is recommended to take this medicine before breakfast or before lunch, but the time of the dose and possibly the dosage may need to be adapted to gastrointestinal tolerance.

**DURATION OF TREATMENT**

It must be sufficient to correct anaemia and restore iron reserves (of the order of 3 to 6 months).

Take strictly as directed by your doctor.

**PROCEDURE IN THE CASE OF OVERDOSE**

In the case of massive ingestion, seek medical attention immediately.

**POSSIBLE SIDE EFFECTS**

Like all medicines, TIMOFEROL can have side effects.

Possibility of gastrointestinal disorders such as nausea, constipation or diarrhoea. The stools are usually coloured black or dark gray.

IF YOU NOTICE ANY SIDE EFFECTS NOT MENTIONED IN THIS LEAFLET, PLEASE INFORM YOUR DOCTOR OR PHARMACIST.

**STORING TIMOFEROL**

Do not store above 25°C.

Keep the container tightly closed in order to protect from moisture.

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TIMC/001

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