

**HISTAMED®  
1% Topical gel**

**Dear patient,**

**Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.**

**Information about HISTAMED topical gel**

HISTAMED topical gel contains dexchlorpheniramine maleate 1% with the following excipients: glycerine, isopropyl myristate, chlorhexidine digluconate, sodium edetate, chamomile extract, camphor oil, and purified water.

HISTAMED gel is for topical use.

Dexchlorpheniramine maleate is an H1-receptor antagonist. It antagonizes most of the pharmacological effects of histamine.

HISTAMED topical gel is indicated in the temporary relief of itching due to minor skin irritations including those associated with sunburn, insect bites, allergies and hives.

**The way to use HISTAMED topical gel**

Use according to your doctor's instructions.

Apply the gel on the affected area twice daily. Wash your hands afterwards.

**In case of overdose**

An overdose of this medication is unlikely to occur. If you suspect an overdose, or if the gel has been ingested, inform your doctor at once and seek emergency medical attention. General measures should be adopted.

**In case of missed dose**

Apply the missed dose as soon as you remember unless the next application is near. Go on applying the next scheduled dose as directed. Do not apply a double dose at once.

**Contraindications**

This drug is contraindicated in the following conditions:

- Hypersensitivity to any of the ingredients
- Children less than 2 years of age

**Precautions**

- This medication is for external use only. It should not be in contact with eyes, mouth, nose, skin with blisters, with secretions or on an injured skin, and all mucous membranes.
- This medication should not be used with occlusive dressings.
- Avoid prolonged use or the use of this drug on a large surface area especially in children.
- Discontinue the treatment and inform your doctor if a burning sensation, a skin rash, or an irritation occur after applying the gel or if the symptoms do not improve.
- Avoid exposure to sunlight while using this drug.
- Consult your doctor before using this medication in case of pregnancy or lactation.
- Safety and effectiveness of this drug in pediatric patients below the age of 2 years have not been established.

**Associations with other medications**

Please inform your doctor if you are using any other medication.

Treatment with antihistamines should be suspended 48 hours prior to performing any type of skin test.

**Adverse reactions**

Topical antihistamines may cause sensitization and local irritation especially when used for a long period time.

Systemic adverse reactions have been reported after applying topical antihistamines on a large surface area.

Report to your doctor any signs of adverse reactions.

**Storage**

Store at controlled room temperature (up to 25°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

**Pack Presentation**

HISTAMED topical gel, Dexchlorpheniramine maleate 1%, tube of 30 grams

**Issue date: 09/2015**

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