

MAVIT[®] **Tablets**

Dear patient,

Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.

Information about MAVIT

Each MAVIT tablet for oral administration contains 100 mg magnesium (as magnesium citrate anhydrous) and 10 mg pyridoxine HCl (vitamin B6) with the following excipients: lactose monohydrate, butylhydroxytoluene, and magnesium stearate.

Magnesium is an intracellular cation. It decreases neuronal excitability and neuromuscular transmission and is involved in numerous enzymatic reactions.

Pyridoxine hydrochloride is Vitamin B6. It is converted to pyridoxal phosphate which is the co-enzyme for a variety of metabolic transformations.

The combination of a number of the following symptoms may suggest a magnesium deficiency:

-Nervousness, irritability, mild anxiety, tiredness, minor sleep disorders.

-Manifestations of anxiety, such as digestive spasms or palpitations.

-Muscle cramps, tingling.

Magnesium intake may improve these symptoms.

The way to take MAVIT

Take MAVIT as directed by your physician.

The usual recommended dosage is as follow:

-Adults: 3 to 4 tablets per day divided into 2 or 3 doses to be taken during meals.

-Children from 12 to 15 years of age: 2 to 4 tablets per day divided into 2 or 3 doses to be taken during meals.

The usual duration of treatment is one month.

In case of overdose

In case of intake of high doses of this medication, inform your doctor at once and seek emergency medical attention. General measures should be adopted.

In case of missed dose

Take the missed dose as soon as you remember unless the next intake is near. Go on taking the next scheduled dose as directed. Do not take a double dose at once.

Contraindications

This drug is contraindicated in the following conditions:

-Hypersensitivity to any of the ingredients

-Severe renal insufficiency

Precautions

-Use caution in patients with moderate renal insufficiency.

-An abuse consumption of pyridoxine may be responsible for sensory neuropathy which occurs when using high doses of pyridoxine (> 200 mg / day) for a long period of time (months or years); this condition is usually reversible after stopping the treatment.

-Ask your doctor before using this medication in case of pregnancy or lactation.

Associations with other medications

Please inform your doctor if other medicines are being taken or have been taken recently.

The use of this drug with phosphate or calcium salts is not recommended.

Take this drug 2 hours before or after taking oral tetracyclines.

Adverse reactions

Reported adverse reactions include: diarrhea, abdominal pain, cutaneous reactions, and allergic reactions.

Please inform your doctor if any adverse reaction appears or becomes bothersome.

Storage

Store at controlled room temperature (below 30°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

Pack Presentation

MAVIT, magnesium 100 mg and pyridoxine HCl 10 mg, pack of 60 tablets

Issue date: 01/2016

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