

## **NARIX® Nasal Spray**

**Dear patient,**

**Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.**

### **Information about NARIX**

Each actuation of NARIX nasal spray delivers 90 mcg Xylometazoline hydrochloride and 900 mcg Carbocysteine.

Other ingredients are benzalkonium chloride, sodium chloride, monopropylene glycol, sodium hydroxide, citric acid, menthol, purified water

NARIX is for intranasal use.

Xylometazoline hydrochloride acts on alpha-adrenergic receptors in the vessels of the nasal mucosa producing vasoconstriction. When administered intranasally in therapeutic doses, it eases congestion of the nasal passage and relieves stuffiness.

Carbocysteine is a mucolytic that works by liquefying nasal secretions.

NARIX nasal spray is used for treating congestive states of the nasal mucous membranes to clear the nose in case of colds in adults and children more than 6 years of age.

NARIX can be used also for rhinitis, sinusitis and inflammation of the respiratory pathways.

### **The way to use NARIX**

Unless otherwise prescribed by your doctor,

Adults and children from 6 years: 1 spray 3-4 times daily into each nostril.

### **Instruction for use:**

The first time you use the nasal spray, fill the pump by pressing the nozzle 5 times until a fine spray is produced. After initial priming, NARIX is ready for administration.

You should blow your nose to clear nasal passages prior to NARIX administration. Hold the bottle in an upright position and remove the protective cap, tilt the head slightly forward and insert the spray tip into one nostril, pointing the tip toward the back of the nose. The nasal solution should be sprayed into one nostril while holding the other nostril closed and concurrently inspiring through the nose with the mouth closed. This procedure should be repeated for the other nostril.

Avoid blowing the nose for 15 minutes after NARIX administration. To keep the spray nozzle clean, wipe it carefully with a clean tissue and place the protective cap after each use.

If the spray pump containing the solution is not used for more than 2 weeks, it may need to be partially primed by actuating the pump 1 time.

### **In case of overdose**

Acute overdosing is unlikely to occur with nasally administered drugs in view of the total amount of active ingredient present. In the event that the entire contents of the bottle were administered all at once, via either oral or nasal application, clinically significant systemic adverse effects would most likely not result.

### **In case of missed dose**

Administer the missed dose as soon as you remember. Do not take a double dose to make up for a forgotten dose.

### **Contraindications**

This spray should not be used in case of hypersensitivity to any of the components, dry nasal mucous membranes (rhinitis sicca) or closed-angle glaucoma.

**Precautions**

- This medication is intended for intranasal use only. Avoid spraying in eyes.
- This drug must not be used for more than 5 to 7 days without medical advice; a prolonged use can cause a drug-induced congestion of the nasal mucous membranes.
- This drug should be used with caution by patients suffering from hypertension, cardiovascular diseases, hyperthyroidism and diabetes mellitus.
- Ask your doctor before using this spray in case of pregnancy or lactation.
- Ask your doctor before using this spray if you underwent a surgery around the head or face area.
- Do not use the spray for children under 6 years.

**Associations with other medications**

Please inform your doctor or pharmacist if you are using any other medication.

**Adverse reactions**

The most reported adverse reactions include prickling or a transient burning sensation in the nose or throat and local irritation or dryness of the nasal mucous membranes. Nausea, headaches and allergic reactions have been occasionally observed.

Inform your doctor if any adverse reaction appears or becomes bothersome.

**Storage**

Store at controlled room temperature (up to 25°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

**Pack presentation**

NARIX, nasal spray, 12 mL

**Issue date: 05/2020**

NARY/001

Manufactured by Mediphar Laboratories -Lebanon