

DELINE-MED®
Tablets & Syrup

Dear patient,

Please read the following instructions carefully. They contain important information about the use of this medicine. If you have any further questions, please ask your doctor or pharmacist.

Information about Deline-Med

Each Deline-Med tablet for oral use contains 5 mg desloratadine with the following excipients: calcium phosphate dibasic, microcrystalline cellulose, croscarmellose sodium and magnesium stearate.

Each 1 mL of Deline-Med syrup for oral use contains 0.5 mg desloratadine with the following excipients: sucrose, citric acid, methyl paraben, propyl paraben, banana flavor and purified water.

Desloratadine is a second-generation antihistamine; it blocks the action of histamine, a chemical released by the immune system when the body is affected by allergens.

Desloratadine helps control allergic reactions and its symptoms, it has a long-lasting effect and does not cause drowsiness.

Deline-Med is used in the following cases:

- Relieve symptoms associated with allergic rhinitis in adults, adolescents and children 1 year of age and older. These symptoms include sneezing, runny or itchy nose, itchy, red or watery eyes.
- Relieve symptoms associated with an allergic skin condition called urticaria. These symptoms include skin redness and itching.

The way to take Deline-Med

Take Deline-Med as directed by your doctor.

Deline-Med should be taken once daily with or without food.

The usual recommended doses are:

Age	Dose	Deline-Med tablet	Deline-Med syrup
Adults and adolescents 12 years of age and older	5 mg once daily	1 tablet once daily	10 mL once daily
Children 6 to 11 years of age	2.5 mg once daily	-	5 mL once daily
Children 1 to 5 years of age	1.25 mg once daily	-	2.5 mL once daily

Duration of treatment

The doctor will determine the duration of treatment depending on the severity of the allergic condition.

Do not discontinue the treatment without consulting your doctor.

In case of overdose

In case of intake of high doses of this medication, inform your doctor at once and seek emergency medical attention.

In case of missed dose

If you miss taking your dose on time, take it when you remember. Do not exceed more than one dose in 24 hours.

Contraindications

This drug is contraindicated in case of known hypersensitivity to desloratadine or loratadine or to any of the components.

Precautions

- Contact your doctor before using this medication in case you have kidney problems, medical or family history of seizures.
- Stop the medication and contact your doctor in case you develop allergic reactions such as swelling of the face, lips, tongue or throat, trouble breathing, rash or itching.
- Consult a pediatrician before using this medication for children younger than 1 year of age.
- Caution should be taken when driving a car or operating dangerous machinery until you know how you respond to the drug.
- It is not recommended to use this medication in case of pregnancy or lactation or planning to become pregnant or breast feed.

Associations with other medications

Please inform your doctor if other medicines are being taken or have been taken recently.

Adverse reactions

The most reported adverse effects were dry mouth, fatigue, and headache in adults; diarrhea, fever and insomnia in children less than 2 years of age.

Inform your doctor if any side effect appears or becomes bothersome.

Storage

Store at controlled room temperature (up to 30°C), protected from light and humidity, beyond the reach of children. The expiry date is printed on the pack; don't use this medicine after this date.

Pack Presentation

DELINE-MED tablet, desloratadine 5 mg, pack of 30 tablets.

DELINE-MED syrup, desloratadine 0.5 mg /mL, bottle of 120 mL with a dosing cup.

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